



All participants who successfully complete the YEP program will receive a certificate of completion.

FOR MORE INFORMATION

CALL: 07 4922 7236

MOBILE :0457 005 794

YOUNG EMPOWERED PARENTS PROGRAM

The Young Empowered Parents (YEP) program contributes to positive beginnings for young parents up to the age of

25.

The Young Empowered parents program offers the participant to learn about each area of wellness, and how working toward living at a place of increased wellness can have positive effects on the participant and their parenting. We will also be facilitating an Anger management session; this session will examine What anger is and why it is one of the most misunderstood emotions. This session will also indicate how to deal with anger in a positive way. We will also be facilitating a session about Domestic violence; this session will explain what domestic violence is and its impact on families.



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